महाराणा प्रताप पी.जी. कॉलेज, जंगल धूसड़, गोरखपुर

| | कक्षा : बी.ए. | | | . पंगराजा, जागरा भूराज़, कि पाठ्यक्रम योजना : सत्र 2021-22 | विषय : गृह विज्ञान |
|------------|---------------|----------------------|------------|---|--|
| दिनांक | व्याख्यान | प्रध्यापक का नाम | प्रश्नपत्र | अध्यापन | शीर्षक |
| 04-08-2021 | 1 | Dr. Neha Kaushik | 1 | Painting of Pot | Introduction of Painting |
| 04-08-2021 | 1 | Miss Ritika Tripathi | 2 | Methods of Cooking | Methods of Food Cooking |
| 05-08-2021 | 2 | Dr. Neha Kaushik | 1 | Painting of Pot | Types of Painting |
| 05-08-2021 | 2 | Miss Ritika Tripathi | 2 | Methods of Cooking | Cooking Food By Water |
| 11-08-2021 | 3 | Dr. Neha Kaushik | 1 | Painting of Pot | Decoration |
| 11-08-2021 | 3 | Miss Ritika Tripathi | 2 | Methods of Cooking | Cooking Food By Steam |
| 18-08-2021 | 4 | Dr. Neha Kaushik | 1 | Tie and Dye | Cutting of Fabric |
| 18-08-2021 | 4 | Miss Ritika Tripathi | 2 | Methods of Cooking | Cooking Food with Fat |
| 25-08-2021 | 5 | Dr. Neha Kaushik | 1 | Tie and Dye | Cutting of Fabric |
| 25-08-2021 | 5 | Miss Ritika Tripathi | 2 | Methods of Cooking | Cooking Food with Hot Air |
| 01-09-2021 | 6 | Dr. Neha Kaushik | 1 | Tie and Dye | To Tie the Sample |
| 01-09-2021 | 6 | Miss Ritika Tripathi | 2 | Meal Planning | Principles of Food Planning |
| 08-09-2021 | 7 | Dr. Neha Kaushik | 1 | Tie and Dye | To Tie the Sample |
| 08-09-2021 | 7 | Miss Ritika Tripathi | 2 | Meal Planning | Factors affecting Diet Planning |
| 09-09-2021 | 8 | Dr. Neha Kaushik | 1 | Tie and Dye | To Tie the Sample & Colour |
| 09-09-2021 | 8 | Miss Ritika Tripathi | 2 | Meal Planning | Factors affecting Diet Planning |
| 15-09-2021 | 9 | Dr. Neha Kaushik | 1 | Dye | Introduction of Dye |
| | | | | | Things to Keep in Mind in Diet |
| 15-09-2021 | 9 | Miss Ritika Tripathi | 2 | Meal Planning | Planning |
| 16-09-2021 | 10 | Dr. Neha Kaushik | 1 | Dye | Colour Combination of Dies |
| | | | _ | , | Things to Keep in Mind in Diet |
| 16-09-2021 | 10 | Miss Ritika Tripathi | 2 | Meal Planning | Planning |
| 22-09-2021 | 11 | Dr. Neha Kaushik | 1 | Dye | Dyeing Process |
| 22-09-2021 | 11 | Miss Ritika Tripathi | 2 | Packed Lunch for Children | Diet for Launch Bags for Children |
| 23-09-2021 | 12 | Dr. Neha Kaushik | 1 | Dye | Dyeing Process |
| 23-09-2021 | 12 | Miss Ritika Tripathi | 2 | Packed Lunch for Children | Weekly Diet Table for Lunch Bags |
| 29-09-2021 | 13 | Dr. Neha Kaushik | 1 | Dye | Dyeing Process |
| 29-09-2021 | 13 | Miss Ritika Tripathi | 2 | Packed Lunch for Children | Nutients Presentation Food |
| 30-09-2021 | 14 | Dr. Neha Kaushik | 1 | Dye | Dupatta Dyeing |
| 30-09-2021 | 14 | Miss Ritika Tripathi | 2 | Packed Lunch for Children | Recipies Made for Children Lunch Bags |
| 07-10-2021 | 15 | Dr. Neha Kaushik | 1 | Batik | Introduction of Batik |
| 07-10-2021 | 15 | Miss Ritika Tripathi | 2 | Packed Lunch for Children | Monday to Saturday |
| 20-10-2021 | 16 | Dr. Neha Kaushik | 1 | Batik | Motif |
| 20-10-2021 | 16 | Miss Ritika Tripathi | 2 | For Adolescent | Organizing Adolescent Diet |
| 21-10-2021 | 17 | Dr. Neha Kaushik | 1 | Batik | Cutting of Fabric |
| 21-10-2021 | 17 | Miss Ritika Tripathi | 2 | For Adolescent | Nutritional Requirements in Adolscent |
| 27-10-2021 | 18 | Dr. Neha Kaushik | 1 | Batik | Batic work Making Motif |
| 27-10-2021 | 18 | Miss Ritika Tripathi | 2 | For Adolescent | One Day Diet Table |
| 28-10-2021 | 19 | Dr. Neha Kaushik | 1 | Batik | Batic Work |
| 28-10-2021 | 19 | Miss Ritika Tripathi | 2 | For Adolescent | Recipes Made for Adolescent |
| 11-11-2021 | 20 | Dr. Neha Kaushik | 1 | Batik | Batic Work |
| 11-11-2021 | 20 | Miss Ritika Tripathi | 2 | For Adolescent | Recipes Made for Adolescent |
| 17-11-2021 | 21 | Dr. Neha Kaushik | 1 | Flower Arrangement | Introduction of Material |
| 17-11-2021 | 21 | Miss Ritika Tripathi | 2 | For a Labour | Organizing Food for the Working Class |
| 18-11-2021 | 22 | Dr. Neha Kaushik | 1 | Flower Arrangement | Flower Making |
| 18-11-2021 | 22 | Miss Ritika Tripathi | 2 | For a Labour | Essential Nutients for Labour Men |
| 25-11-2021 | 23 | Dr. Neha Kaushik | 1 | Flower Arrangement | Flower Making with Leaf |
| 25-11-2021 | 23 | Miss Ritika Tripathi | 2 | For a Labour | One Day Diet Table |
| 01-12-2021 | 24 | Dr. Neha Kaushik | 1 | Flower Arrangement | Flower Making with Buds |

| | | | | | Recipes Manufactured for the |
|------------|----|----------------------|---|-----------------------------------|--|
| 01-12-2021 | 24 | Miss Ritika Tripathi | 2 | For a Labour | Working Class |
| 02-12-2021 | 25 | Dr. Neha Kaushik | 1 | Flower Arrangement | Flower Arrangement |
| 02 12 2021 | | | | . Tower / in angement | Recipes Manufactured for the |
| 02-12-2021 | 25 | Miss Ritika Tripathi | 2 | For a Labour | Working Class |
| 08-12-2021 | 26 | Dr. Neha Kaushik | 1 | Flower Arrangement | Types of Arrangement |
| 08-12-2021 | 26 | Miss Ritika Tripathi | 2 | For Diabetic | Planning a One Day Diet for a Person |
| | | | | | Suffering from Diabeties |
| 09-12-2021 | 27 | Dr. Neha Kaushik | 1 | Arraangement of Different Room | Introduction, Introduce to Decore |
| 09-12-2021 | 27 | Miss Ritika Tripathi | 2 | For Diabetic | Causes of Diabetes |
| 15-12-2021 | 28 | Dr. Neha Kaushik | 1 | Arraangement of Room | Accessories of Home |
| 15-12-2021 | 28 | Miss Ritika Tripathi | 2 | For Diabetic | One Day Diet Plan for Diabetic Patient |
| 16-12-2021 | 29 | Dr. Neha Kaushik | 1 | Arraangement of Room | Precaution |
| 16-12-2021 | 29 | Miss Ritika Tripathi | 2 | For Heart Patient | One Day Diet Plan for a Person |
| | | | | | Suffering from Heart Desease |
| 22-12-2021 | 30 | Dr. Neha Kaushik | 1 | Layout of Kitchen | Introduction Basic Kitchen Layout |
| 22-12-2021 | 30 | Miss Ritika Tripathi | 2 | For Heart Patient | Heart Diseases |
| 23-12-2021 | 31 | Dr. Neha Kaushik | 1 | Layout of Kitchen | Draw Kithen Layout |
| 23-12-2021 | 31 | Miss Ritika Tripathi | 2 | For Heart Patient | One Day Diet Plan |
| 29-12-2021 | 32 | Dr. Neha Kaushik | 1 | Layout of Kitchen | Draw Kithen Layout |
| 29-12-2021 | 32 | Miss Ritika Tripathi | 2 | Food Presentation | Jam |
| 30-12-2021 | 33 | Dr. Neha Kaushik | 1 | Layout of Kitchen | Draw Kithen Layout |
| 30-12-2021 | 33 | Miss Ritika Tripathi | 2 | Food Presentation | Jelly |
| 05-01-2022 | 34 | Dr. Neha Kaushik | 1 | File Decore | File Decoration |
| 05-01-2022 | 34 | Miss Ritika Tripathi | 2 | Food Presentation | Squash |
| 12-01-2022 | 35 | Dr. Neha Kaushik | 1 | File Arrangement | File Arrangement |
| 12-01-2022 | 35 | Miss Ritika Tripathi | 2 | Food Presentation | Murabba |
| 13-01-2022 | 36 | Dr. Neha Kaushik | 1 | File Arrangement | File Arrangement |
| 13-01-2022 | 36 | Miss Ritika Tripathi | 2 | Food Presentation | Murabba |