

महाराणा प्रताप पी.जी. कॉलेज, जंगल धूसड़, गोरखपुर

कक्षा : बी.ए. भाग तीन			पाठ्यक्रम योजना : सत्र 2022-23		विषय : गृह विज्ञान
दिनांक	व्याख्यान	प्रध्यापक का नाम	प्रश्नपत्र	अध्यापन	शीर्षक
08-07-2022	1	Dr. Neha Kaushik	III	Nutrition & Dietetics	Introduction
09-07-2022	2	Dr. Neha Kaushik	III	Components of Food	Introduction
11-07-2022	1	Dr. Neha Kaushik	IV	Textiles	Introduction
11-07-2022	1	Dr. Shantwana Srivastava	I	Syllabus	Introduction
12-07-2022	1	Dr. Shantwana Srivastava	II	Syllabus	Introduction
12-07-2022	2	Dr. Shantwana Srivastava	I	Child Development	Introduction
14-07-2022	3	Dr. Neha Kaushik	III	Components of Food	Carbohydrates
15-07-2022		Dr. Shantwana Srivastava	-	Class Teaching	
16-07-2022	4	Dr. Neha Kaushik	III	Components of Food	Protein
18-07-2022	2	Dr. Neha Kaushik	IV	Syllabus	Introduction
18-07-2022	3	Dr. Shantwana Srivastava	I	Growth & Development	Meaning & Definition
19-07-2022	2	Dr. Shantwana Srivastava	II	Extension Education	Introduction
19-07-2022	4	Dr. Shantwana Srivastava	I	Growth & Development	Principles
20-07-2022	5	Dr. Shantwana Srivastava	I	Growth & Development	Principles
21-07-2022	5	Dr. Neha Kaushik	III	Components of Food	Fat
22-07-2022		Dr. Neha Kaushik		Class Teaching	
23-07-2022	6	Dr. Neha Kaushik	III	Components of Food	Fat Soluble Vitamins
25-07-2022	3	Dr. Neha Kaushik	IV	Syllabus	Syllabus Discussion
25-07-2022	6	Dr. Shantwana Srivastava	I	Growth & Development	Physical Development
26-07-2022	7	Dr. Shantwana Srivastava	I	Growth & Development	Physical Growth during Pregnancy
26-07-2022	3	Dr. Shantwana Srivastava	II	Extension Education	Concept & Role
27-07-2022	8	Dr. Shantwana Srivastava	I	Growth & Development	Physical Growth in Childhood
28-07-2022	7	Dr. Neha Kaushik	III	Components of Food	Water Soluble Vitamins
29-07-2022		Dr. Neha Kaushik		Class Teaching	
30-07-2022	8	Dr. Neha Kaushik	III	Components of Food	Minerals
01-08-2022	4	Dr. Neha Kaushik	IV	House Linen	Meaning and Types
01-08-2022	9	Dr. Shantwana Srivastava	I	Growth & Development	Physical Growth in Puberty
03-08-2022	10	Dr. Shantwana Srivastava	I	Growth & Development	Physical Development in Adolescence

04-08-2022	9	Dr. Neha Kaushik	III	Diet Panning	Aequate Diet
05-08-2022	10	Dr. Neha Kaushik	III	Diet Panning	Principles of Diet Plan
06-08-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
08-08-2022	5		IV	Stiching	Fabric Sellalection
08-08-2022	11	Dr. Shantwana Srivastava	I	Growth & Development	Psychological Implication
10-08-2022	12	Dr. Shantwana Srivastava	I	Growth & Development	Psychological Changes in Boys
11-08-2022	11	Dr. Neha Kaushik	III	Diet Plan	Factors Affecting Child Plan
13-08-2022	12	Dr. Neha Kaushik	III	Diet Plan	Nutritiue Value & Food Habits
16-08-2022	4	Dr. Shantwana Srivastava	II	Audio Aids	Concept & Role
16-08-2022	13	Dr. Shantwana Srivastava	I	Growth & Development	Psychological Changes in Girls
17-08-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
19-08-2022	13	Dr. Neha Kaushik	III	Diet Panning	Measures & Matric Measures
20-08-2022	14	Dr. Neha Kaushik	III	Infancy	Breast and Bottle Feeding
22-08-2022	6	Dr. Neha Kaushik	IV	Stiching	Thread Count
22-08-2022	14	Dr. Shantwana Srivastava	I	Social Development	Role of Inter & Intra Familiar Factors
23-08-2022	5	Dr. Shantwana Srivastava	II	Audio Aids	Importance of Audio Aids
23-08-2022	15	Dr. Shantwana Srivastava	I	Socialization	Effect of Peers & Groups
24-08-2022	16	Dr. Shantwana Srivastava	I	Child Rearing Practics	Featers Affecting Child Rearing
25-08-2022		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
26-08-2022	15	Dr. Neha Kaushik	III	Infancy	Feeding Problems of Infant
27-08-2022	16	Dr. Neha Kaushik	III	Infancy	Nutrition of Infant
29-08-2022	7	Dr. Neha Kaushik	IV	Stiching	Shrinkage
01-09-2022	17	Dr. Neha Kaushik	III	Infant	Suplementry Food
02-09-2022	18	Dr. Neha Kaushik	III	Preschool Age	Diet of Preschool Age Child
03-09-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
05-09-2022	8	Dr. Neha Kaushik	IV	Stiching	Labels & Reliable Brands
05-09-2022	17	Dr. Shantwana Srivastava	I	Learning	Meaning & Study
06-09-2022	6	Dr. Shantwana Srivastava	II	Visual Aids	Concept and Uses / Role
06-09-2022	18	Dr. Shantwana Srivastava	I	Child Rearing	Types
07-09-2022	19	Dr. Shantwana Srivastava	I	Learning	Creativity
10-09-2022	19	Dr. Neha Kaushik	III	School Going Child	Diet of School Going Age
12-09-2022	9	Dr. Neha Kaushik	IV	Embroidery	Introduction

12-09-2022	20	Dr. Shantwana Srivastava	I	Learning	Creativity
13-09-2022		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
13-09-2022	21	Dr. Shantwana Srivastava	I	Nursery School	Meaning of Nursery Education
15-09-2022	20	Dr. Neha Kaushik	III	Adolescent Diet	Diet of College Students
16-09-2022	21	Dr. Neha Kaushik	III	Adolescent Diet	Meals at Home & Public Places
19-09-2022	10	Dr. Neha Kaushik	IV	Embroidery	Tupes of Embroidery
19-09-2022	22	Dr. Shantwana Srivastava	I	Nursery School	Role of Nursery School
20-09-2022	7	Dr. Shantwana Srivastava	II	Audio Visual Aids	Types
20-09-2022	23	Dr. Shantwana Srivastava	I	Nursery School	Significance
21-09-2022	24	Dr. Shantwana Srivastava	I	Nursery School	Method of Giving Education
22-09-2022		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
23-09-2022	22	Dr. Neha Kaushik	III	Adolescence	Diet of Lower Economics Group
24-09-2022	23	Dr. Neha Kaushik	III	Adulthood Age	Diet of a Lower Economics Group Adult
26-09-2022	11	Dr. Neha Kaushik	IV	Embroidery	Types
26-09-2022	25	Dr. Shantwana Srivastava	I	Nursery School	Method of Giving Education
27-09-2022	8	Dr. Shantwana Srivastava	II	Audio Visual Aids	Usage in Providing Education
27-09-2022	26	Dr. Shantwana Srivastava	I	Adolescence	Meaning & Defination
28-09-2022	27	Dr. Shantwana Srivastava	I	Adolescence	Problems of Adolescence
29-09-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
30-09-2022	24	Dr. Neha Kaushik	III	Adulthood Age	Diet of a Middle Income Group
01-10-2022	25	Dr. Neha Kaushik	III	Adulthood Age	Diet of a Lower Income Group
07-10-2022	26	Dr. Neha Kaushik	III	Adulthood Age	Diet of a Lower Income Group
08-10-2022	27	Dr. Neha Kaushik	III	Adulthood Age	Diet of a Middle Income Group
10-10-2022	12	Dr. Neha Kaushik	IV	Household Linen	Pillow Cases
10-10-2022	28	Dr. Shantwana Srivastava	I	Adolescence	Physical Development
11-10-2022	9	Dr. Shantwana Srivastava	II	Community Development	Concept & Meaning

11-10-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
12-10-2022	29	Dr. Shantwana Srivastava	I	Adolescence	Motor Development
13-10-2022	28	Dr. Neha Kaushik	III	Pregnancy	Diet of Pregnant Lady
14-10-2022	29	Dr. Neha Kaushik	III	Lactation	Diet during Lactation
15-10-2022	30	Dr. Neha Kaushik	III	Old Age	Food Habits of Older People
17-10-2022	13	Dr. Neha Kaushik	IV	Household Linen	Cushion Covers
17-10-2022	30	Dr. Shantwana Srivastava	I	Adolescence	Psychological Development
18-10-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
18-10-2022	10	Dr. Shantwana Srivastava	II	Community Development	Rural Community Development
19-10-2022	31	Dr. Shantwana Srivastava	I	Adolescence	Emotional Development
20-10-2022	32	Dr. Shantwana Srivastava	I	Adolescence	Frustration and Conflits
28-10-2022	33	Dr. Shantwana Srivastava	I	Adolescence	Frustration and Conflits
29-10-2022		Dr. Neha Kaushik	-	<i>Monthly Evaluation</i>	
01-11-2022	11	Dr. Shantwana Srivastava	II	Community Development	Urban Community Development
02-11-2022		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
03-11-2022	34	Dr. Shantwana Srivastava	I	Marriage	Introduction, Meaning
05-11-2022	35	Dr. Shantwana Srivastava	I	Marriage	Need of Marriage
07-11-2022	14	Dr. Neha Kaushik	IV	Household Linen	Tray Covers
07-11-2022	31	Dr. Neha Kaushik	III	Old Age	Planning of a Diet for Old Person
10-11-2022	36	Dr. Shantwana Srivastava	I	Marriage	Phisolosphy of Marriage
11-11-2022	37	Dr. Shantwana Srivastava	I	Marriage	Selection of Pratner
12-11-2022		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
14-11-2022	15	Dr. Neha Kaushik	IV	Household Linen	Napkins
14-11-2022	32	Dr. Neha Kaushik	III	Old Age Diet	Nutritional Requirement of an Old
15-11-2022	12	Dr. Shantwana Srivastava	II	Educational Institution	Concept and Types
15-11-2022	33	Dr. Neha Kaushik	III	Old Age Diet	Problems Related to Ageing
16-11-2022	34	Dr. Neha Kaushik	III	Disease Condition	Introduction of Deseases
17-11-2022	38	Dr. Shantwana Srivastava	I	Marriage	Arrangements of Marriage

18-11-2022	39	Dr. Shantwana Srivastava	I	Marriage	Self Establishment in Marriage
19-11-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
21-11-2022	16	Dr. Neha Kaushik	IV	Household Linen	Dinner Mats
21-11-2022	35	Dr. Neha Kaushik	III	Diet Therapy	Importance during Diseases
22-11-2022	13	Dr. Shantwana Srivastava	II	Educational Institution	
22-11-2022	36	Dr. Neha Kaushik	III	Educational Institution	Diet in Fever
23-11-2022	37	Dr. Neha Kaushik	III	Educational Institution	Diet in Diarrhoea
25-11-2022	40	Dr. Shantwana Srivastava	I	Marriage	Adjustment in Married Life
26-11-2022	41	Dr. Shantwana Srivastava	I	Marriage	Advantage of Self Choice Marriage
28-11-2022	17	Dr. Neha Kaushik	IV	Fitting Problems	Individual Fitting
28-11-2022		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
29-11-2022	14	Dr. Shantwana Srivastava	II	Educational Institution	Formal & Nonformal Education Contribution
29-11-2022	38	Dr. Neha Kaushik	III	Diet Therapy	Diet in Constipation
30-11-2022		Dr. Shantwana Srivastava	-	<i>Monthly Evaluation</i>	
01-12-2022	42	Dr. Shantwana Srivastava	I	Marriage	Adjustment with New Family
02-12-2022	43	Dr. Shantwana Srivastava	I	Children	With Special Needs
03-12-2022	44	Dr. Shantwana Srivastava	I	Children	Introduction of Special Need
07-12-2022		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
08-12-2022	45	Dr. Shantwana Srivastava	I	Special Need Child	Management of Special Child
09-12-2022	46	Dr. Shantwana Srivastava	I	Special Need Child	Management of Special Child
12-12-2022	18	Dr. Neha Kaushik	IV	Fitting Problems	Fitting Remedies of Cloth
12-12-2022	39	Dr. Neha Kaushik	III	Diet Therapy	Diet in Peptic Ulcer
13-12-2022	15	Dr. Shantwana Srivastava	II	Programme Planning	Meaning and its Steps
13-12-2022	40	Dr. Neha Kaushik	III	Diet Therapy	Diet in Cardiovascular Disease
14-12-2022	41	Dr. Neha Kaushik	III	Diet Therapy	Diet in Hypertention
15-12-2022		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
02-01-2023	19	Dr. Neha Kaushik	IV	Fitting Problems	Fitting Remedies of Cloth
02-01-2023	42	Dr. Neha Kaushik	III	Diet Therapy	Diet in Hypertention
03-01-2023	16	Dr. Shantwana Srivastava	II	Programme Planning	Factors to be Considerd

03-01-2023	43	Dr. Neha Kaushik	III	Diet Therapy	Diet in Diabetes
04-01-2023	44	Dr. Neha Kaushik	III	Diet Therapy	Diet in Obesity
05-01-2023	47	Dr. Shantwana Srivastava	I	Special Need Child	Behaviour Management
06-01-2023	48	Dr. Shantwana Srivastava	I	Special Need Child	Adjustment Training
07-01-2023		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
09-01-2023	20	Dr. Neha Kaushik	IV	Traditional Textile	Uttar Pradesh
09-01-2023	45	Dr. Neha Kaushik	III	Diet Therapy	Diet in Under Weight
10-01-2023	17	Dr. Shantwana Srivastava	II	Welfare Agencies	National Welfare Programmes
10-01-2023	46	Dr. Neha Kaushik	III	Diet Therapy	Diet in Under Nutrition
11-01-2023	47	Dr. Neha Kaushik	III	Cooking Food	Party Dishes
12-01-2023	49	Dr. Shantwana Srivastava	I	Special Need	Understanding the Needs of Special Child
13-01-2023	50	Dr. Shantwana Srivastava	I	Special Need	Understanding the Needs of Special Child
16-01-2023		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
16-01-2023	48	Dr. Neha Kaushik	III	Cooking Food	Snacks- Dishes
17-01-2023	18	Dr. Shantwana Srivastava	II	Welfare Agencies	International Welfare Programmes
17-01-2023	49	Dr. Neha Kaushik	III	Cooking Food	Baked Recipes
18-01-2023	50	Dr. Neha Kaushik	III	Cooking Food	Baked Recipes
19-01-2023	51	Dr. Shantwana Srivastava	I	Revision	
20-01-2023	52	Dr. Shantwana Srivastava	I	Revision	
21-01-2023	53	Dr. Shantwana Srivastava	I	Revision	
23-01-2023	21	Dr. Neha Kaushik	IV	Traditional Textile	Punjab
23-01-2023		Dr. Neha Kaushik	-	<i>Class Teaching</i>	
25-01-2023	51	Dr. Neha Kaushik	III	Cooking Food	Sweets and Deserts
27-01-2023	54	Dr. Shantwana Srivastava	I	Revision	
28-01-2023	55	Dr. Shantwana Srivastava	I	Revision	
30-01-2023	22	Dr. Neha Kaushik	IV	Traditional Textile	Punjab
30-01-2023	52	Dr. Neha Kaushik	III	Cooking Food	Sweets and Deserts
31-01-2023	19	Dr. Shantwana Srivastava	II	Communication Method	Observation and Interview
31-01-2023		Dr. Neha Kaushik	-	<i>Monthly Evaluation</i>	
01-02-2023		Dr. Neha Kaushik	-	<i>Revision</i>	
02-02-2023	56	Dr. Shantwana Srivastava	I	Class Teaching	

03-02-2023	57	Dr. Shantwana Srivastava	I	Revision	
04-02-2023	58	Dr. Shantwana Srivastava	I	Revision	
06-02-2023	23	Dr. Neha Kaushik	IV	Traditional Textile	Gujrat
06-02-2023	53	Dr. Neha Kaushik	III	Revision Work	
07-02-2023	20	Dr. Shantwana Srivastava	II	Communication Method	Case Study, Questionnaire
07-02-2023	54	Dr. Neha Kaushik	III	Revision Work	
08-02-2023		Dr. Shantwana Srivastava	-	<i>Class Teaching</i>	
09-02-2023	59	Dr. Shantwana Srivastava	I	Revision	
10-02-2023	60	Dr. Shantwana Srivastava	I	Revision	
11-02-2023	61	Dr. Shantwana Srivastava	I	Revision	
13-02-2023	24	Dr. Neha Kaushik	IV	Revision Work	
13-02-2023	55	Dr. Neha Kaushik	III	Revision Work	
14-02-2023	21	Dr. Shantwana Srivastava	II	Class Teaching	
14-02-2023	56	Dr. Neha Kaushik	III	Revision Work	