

महाराणा प्रताप पी.जी. कॉलेज, जंगल धूसड़, गोरखपुर

कक्षा : बी.ए. भाग तीन			पाठ्यक्रम योजना : सत्र 2021-22		विषय : गृह विज्ञान
दिनांक	व्याख्यान	प्रध्यापक का नाम	प्रश्नपत्र	अध्यापन	शीर्षक
16.07.2021	1	Dr. Neha Kaushik	III	Nutrition & Dietetics	Introduction
17.07.2021	2	Dr. Neha Kaushik	III	Components of Food	Introduction
19.07.2021	1	Miss Smita Dubey	IV	Syllabus	Introduction
19.07.2021	1	Miss Smita Dubey	I	Syllabus	Introduction
20.07.2021	1	Dr. Neha Kaushik	II	Syllabus	Introduction
20.07.2021	2	Miss Smita Dubey	I	Growth & Development	Meaning & Definition
22.07.2021	3	Dr. Neha Kaushik	III	Components of Food	Carbohydrates
23.07.2021	-	Dr. Neha Kaushik	-	Class Teaching	
24.07.2021	4	Dr. Neha Kaushik	III	Components of Food	Protein
26.07.2021	2	Miss Smita Dubey	IV	House Linen	Details & Types
26.07.2021	3	Miss Smita Dubey	I	Growth & Development	Principles
27.07.2021	2	Dr. Neha Kaushik	II	Extension Education	Meaning & Definition
27.07.2021	4	Miss Smita Dubey	I	Growth & Development	Physical Growth & Development
28.07.2021	5	Miss Smita Dubey	I	Growth & Development	Physical Growth in Pregnancy
29.07.2021	5	Dr. Neha Kaushik	III	Components of Food	Fat
30.07.2021	-	Dr. Neha Kaushik		Class Teaching	
31.07.2021	6	Dr. Neha Kaushik	III	Components of Food	Fat Soluble Vitamins
02.08.2021	3	Miss Smita Dubey	IV	Stitching	Fabric Selection
02.08.2021	6	Miss Smita Dubey	I	Growth & Development	Physical in Infancy
03.08.2021	3	Dr. Neha Kaushik	II	Extension Education	Concept & Role
03.08.2021	7	Miss Smita Dubey	I	Growth & Development	Physical Growth in Childhood
04.08.2021	8	Miss Smita Dubey	I	Growth & Development	Physical Growth in Puberty
05.08.2021	7	Dr. Neha Kaushik	III	Components of Food	Water Soluble Vitamins
06.08.2021	-	Dr. Neha Kaushik	I	Class Teaching	
07.08.2021	8	Dr. Neha Kaushik	III	Components of Food	Minerals
09.08.2021	4	Miss Smita Dubey	IV	Stitching	Thread Count
09.08.2021	9	Miss Smita Dubey	I	Growth & Development	Physical in Adolescence
10.08.2021	4	Dr. Neha Kaushik	II	Audio Visual Aids	Role & Use
10.08.2021	10	Miss Smita Dubey	I	Growth & Development	Psychological Implication
11.08.2021	11	Miss Smita Dubey	I	Growth & Development	Psychological Changes in Boys & Girls
12.08.2021	9	Dr. Neha Kaushik	III	Diet Planning	Adequate Diet
14.08.2021	-	Dr. Neha Kaushik		Class Teaching	
16.08.2021	5	Miss Smita Dubey	IV	Stitching	Shrinkage
16.08.2021	12	Miss Smita Dubey	I	Social Development	Meaning & Definition
17.08.2021	5	Dr. Neha Kaushik	II	Audio Visual Aids	Types
17.08.2021	13	Miss Smita Dubey	I	Social Development	Role of Inter & Intra Familial Factors
18.08.2021	14	Miss Smita Dubey	I	Socialization	Effect of Peer and Gang Groups
20.08.2021	10	Dr. Neha Kaushik	III	Diet Planning	Principles
21.08.2021	11	Dr. Neha Kaushik	III	Diet Planning	Availability, Quantity
23.08.2021	-	Miss Smita Dubey		Monthly Evaluation	
23.08.2021	15	Miss Smita Dubey	I	Child Rearing Practices	Types
24.08.2021	6	Dr. Neha Kaushik	II	Audio Visual Aids	Importance
24.08.2021	16	Miss Smita Dubey	I	Child Rearing Practices	Factors Affecting Child Rearing
25.08.2021	17	Miss Smita Dubey	I	Learning	Meaning & Stages
26.08.2021	12	Dr. Neha Kaushik	III	Diet Planning	Quality and Cleanliness
27.08.2021	13	Dr. Neha Kaushik	III	Diet Planning	Nutritive Value & Food Habits
31.08.2021	7	Dr. Neha Kaushik	II	Community Development	Concept & Introduction
31.08.2021	18	Miss Smita Dubey	I	Learning	Creativity

01.09.2021	-	Miss Smita Dubey	-	Class Teaching	
02.09.2021	14	Dr. Neha Kaushik	III	Diet Planning	Measures & Matric Measures
03.09.2021	15	Dr. Neha Kaushik	III	Infant	Breast and Bottle Feeding
04.09.2021	16	Dr. Neha Kaushik	III	Infant	Feeding Problems & Nutrition
06.09.2021	6	Miss Smita Dubey	IV	Stitching	Labels & Reliable Brands
06.09.2021	19	Miss Smita Dubey	I	Learning	Creativity
07.09.2021	8	Dr. Neha Kaushik	II	Community Development	Rural Community Development
07.09.2021	20	Miss Smita Dubey	I	Nursery School	Role
08.09.2021	-	Miss Smita Dubey	III	Class Teaching	
09.09.2021	17	Dr. Neha Kaushik	III	Infants	Supplementary Food
10.09.2021	18	Dr. Neha Kaushik	III	Diet Plan	Pre School
11.09.2021	19	Dr. Neha Kaushik	III	Diet Plan	School Going
13.09.2021	7	Miss Smita Dubey	IV	Embroidery	Introduction
13.09.2021	21	Miss Smita Dubey	I	Nursery School	Significance
14.09.2021	9	Dr. Neha Kaushik	II	Community Development	Rural Community Development
14.09.2021	22	Miss Smita Dubey	I	Nursery School	Method of Education
15.09.2021	-	Miss Smita Dubey	-	Class Teaching	
16.09.2021	20	Dr. Neha Kaushik	III	Adolescent Diet	Meals at Home & Public Places
18.09.2021	21	Dr. Neha Kaushik	III	Adolescent Diet	Diet of College Student
20.09.2021	8	Miss Smita Dubey	IV	Embroidery	Types
20.09.2021	23	Miss Smita Dubey	I	Nursery School	Method of Education
21.09.2021	10	Dr. Neha Kaushik	II	Community Development	Urban Community Development
21.09.2021	24	Miss Smita Dubey	I	Nursery School	Method of Education
22.09.2021	25	Miss Smita Dubey	I	Nursery School	Method of Education
23.09.2021	-	Dr. Neha Kaushik	-	Monthly Evaluation	
25.09.2021	22	Dr. Neha Kaushik	III	Adults Diet	Lower Economic Group
27.09.2021	9	Miss Smita Dubey	IV	Embroidery	Types
27.09.2021	26	Miss Smita Dubey	I	Adolescence	Meaning & Definition
29.09.2021	27	Miss Smita Dubey	I	Adolescence	Problems
30.09.2021	23	Dr. Neha Kaushik	III	Adult Diet	Middle Economics Group
01.10.2021	24	Dr. Neha Kaushik	III	Adult Diet	Higher Economics Group
04.10.2021	-	Miss Smita Dubey	-	Class Teaching	
04.10.2021	28	Miss Smita Dubey	I	Adolescence	Problems
05.10.2021	11	Dr. Neha Kaushik	II	Educational Institution	Concepts & Kinds
05.10.2021	29	Miss Smita Dubey	I	Adolescence	Problems
07.10.2021	25	Dr. Neha Kaushik	III	Adult Diet	Diet During Pregnancy
08.10.2021	26	Dr. Neha Kaushik	III	Adult Diet	Diet During Pregnancy
09.10.2021	27	Dr. Neha Kaushik	III	Adult Diet	Diet During Lactation
11.10.2021	10	Miss Smita Dubey	IV	Household Linen	Cushion Cover
11.10.2021	30	Miss Smita Dubey	I	Adolescence	Adjustment
18.10.2021	11	Miss Smita Dubey	IV	Household Linen	Pillow Cases
18.10.2021	-	Miss Smita Dubey	-	Class Teaching	
20.10.2021	31	Miss Smita Dubey	I	Adolescence	Physical Development
21.10.2021	28	Dr. Neha Kaushik	III	Old Age	Food Habits
22.10.2021	29	Dr. Neha Kaushik	III	Old Age	Requirement
23.10.2021	30	Dr. Neha Kaushik	III	Old Age	Concept & Importance
25.10.2021	12	Dr. Neha Kaushik	II	Educational Institution	Formal Education
25.10.2021	31	Dr. Neha Kaushik	III	Diet Therapy	Various Types of Diet
26.10.2021	-	Miss Smita Dubey		Monthly Evaluation	
26.10.2021	32	Dr. Neha Kaushik	III	Diet Therapy	Diet in Fever
27.10.2021	33	Dr. Neha Kaushik	III	Diet Therapy	Diet in Diarrhoea
28.10.2021	32	Miss Smita Dubey	I	Adolescence	Motor Development
29.10.2021	33	Miss Smita Dubey	I	Adolescence	Psychological Development
30.10.2021	34	Miss Smita Dubey	I	Adolescence	Emotional Development

08.11.2021	13	Dr. Neha Kaushik	II	Educational Institution	Non Formal Education
08.11.2021	34	Dr. Neha Kaushik	III	Diet Therapy	Diet in Constipation
09.11.2021	12	Miss Smita Dubey	IV	Household Linen	Tray Covers
09.11.2021	-	Dr. Neha Kaushik		Class Teaching	
11.11.2021	35	Miss Smita Dubey	I	Adolescence	Motor Development
12.11.2021	36	Miss Smita Dubey	I	Adolescence	Frustration and Conflits
13.11.2021	37	Miss Smita Dubey	I	Marriage	Meaning & Defination
16.11.2021	13	Miss Smita Dubey	IV	Household Linen	Napkins
16.11.2021	35	Dr. Neha Kaushik	III	Diet Therapy	Diet in Peptic Ulcer
17.11.2021	36	Dr. Neha Kaushik	III	Diet Therapy	Diet in Cardiovascular Disease
18.11.2021	-	Miss Smita Dubey		Class Teaching	
20.11.2021	38	Miss Smita Dubey	I	Marriage	Philosphy & Need for Marriage
22.11.2021	14	Dr. Neha Kaushik	II	Educational Institution	Contribution of Education
22.11.2021	37	Dr. Neha Kaushik	III	Diet Therapy	Diet in Hypertention
23.11.2021	14	Miss Smita Dubey	IV	Household Linen	Dinner Mats
23.11.2021	38	Dr. Neha Kaushik	III	Diet Therapy	Diet in Diabetes
25.11.2021	39	Miss Smita Dubey	I	Marriage	Selection of Pratner
26.11.2021	40	Miss Smita Dubey	I	Marriage	Arrangements & Self Establishment
27.11.2021	-	Miss Smita Dubey	-	Monthly Evaluation	
29.11.2021	15	Dr. Neha Kaushik	II	Educational Institution	Teaching and Learning Process
29.11.2021	39	Dr. Neha Kaushik	III	Diet Therapy	Diet in Obesity
30.11.2021	15	Miss Smita Dubey	IV	Fitting Problems	Individual
30.11.2021	40	Dr. Neha Kaushik	III	Diet Therapy	Under Nutration
01.12.2021	41	Dr. Neha Kaushik	III	Cooking Foods	Snacks
02.12.2021	41	Miss Smita Dubey	I	Marriage	Advantage of Self Choice Marriage
03.12.2021	42	Miss Smita Dubey	I	Marriage	Adjustment with Family Members
07.12.2021	16	Miss Smita Dubey	IV	Fitting Problems	Fitting Remedy
07.12.2021	-	Dr. Neha Kaushik		Class Teaching	
08.12.2021	42	Dr. Neha Kaushik	III	Cooking Foods	Party Dishes
09.12.2021	43	Miss Smita Dubey	I	Children	With Special Needs
11.12.2021	44	Miss Smita Dubey	I	Children	With Special Needs
13.12.2021	16	Dr. Neha Kaushik	II	Welfare Program	National Programme
13.12.2021	43	Dr. Neha Kaushik	III	Cooking Food	Baked Product
14.12.2021	17	Miss Smita Dubey	IV	Fitting Problems	Fitting Remedy
14.12.2021	44	Dr. Neha Kaushik	III	Cooking Foods	Sweets & Deserts
15.12.2021	45	Dr. Neha Kaushik	III	Cooking Foods	Festival Dishes
16.12.2021	-	Miss Smita Dubey	-	Class Teaching	
17.12.2021	45	Miss Smita Dubey	I	Children	With Special Needs
18.12.2021	46	Miss Smita Dubey	I	Children	Management of Children with Special Needs
20.12.2021	17	Dr. Neha Kaushik	II	Welfare Program	International Programme
20.12.2021	46	Dr. Neha Kaushik	II	Welfare Program	International Programme
21.12.2021	18	Miss Smita Dubey	IV	Traditional Textile	U.P.
21.12.2021	47	Dr. Neha Kaushik	II	Programme Planning	Concept & Introduction
22.12.2021	-	Dr. Neha Kaushik	-	Class Teaching	
23.12.2021	47	Miss Smita Dubey	I	Children	Management of Children with Special Needs
24.12.2021	48	Miss Smita Dubey	I	Children	Management of Children with Special Needs
27.12.2021	18	Dr. Neha Kaushik	II	Programme Planning	Controlling & Execution
27.12.2021	48	Dr. Neha Kaushik	II	Programme Planning	Factors, Facilities, Equipment

28.12.2021	19	Miss Smita Dubey	IV	Traditional Textile	Punjab
28.12.2021	49	Dr. Neha Kaushik	II	Schedule	Case Study
29.12.2021	50	Dr. Neha Kaushik	II	Schedule	Case Study
30.12.2021	-	Miss Smita Dubey	-	Monthly Evaluation	
31.12.2021	49	Miss Smita Dubey	I	Revision	
01.12.2022	50	Miss Smita Dubey	I	Revision	
03.01.2022	19	Dr. Neha Kaushik	II	Schedule	Questionere
03.01.2022	51	Dr. Neha Kaushik	II	Schedule	Questionere
04.01.2022	20	Miss Smita Dubey	IV	Traditional Textile	Gujrat
04.01.2022	52	Dr. Neha Kaushik	II	Revision	
05.01.2022	53	Dr. Neha Kaushik	II	Revision	
06.01.2022	-	Miss Smita Dubey	-	Class Teaching	
07.01.2022	51	Miss Smita Dubey	I	Revision	
08.01.2022	52	Miss Smita Dubey	I	Revision	
10.01.2022	20	Dr. Neha Kaushik	III	Revision	
10.01.2022	54	Dr. Neha Kaushik	III	Revision	
11.01.2022	21	Miss Smita Dubey	IV	Traditional Textile	West Bengal
11.01.2022	55	Dr. Neha Kaushik	III	Revision	
12.01.2022	56	Dr. Neha Kaushik	III	Revision	
13.01.2022	-	Miss Smita Dubey	-	Class Teaching	
17.01.2022	21	Dr. Neha Kaushik	II	Revision	
17.01.2022	57	Dr. Neha Kaushik	II	Revision	
18.01.2022	55	Miss Smita Dubey	IV	Revision	
18.01.2022	58	Dr. Neha Kaushik	III	Revision	
19.01.2022	59	Dr. Neha Kaushik	III	Revision	
20.01.2022	53	Miss Smita Dubey	I	Revision	
21.01.2022	54	Miss Smita Dubey	I	Revision	
22.01.2022	-	Miss Smita Dubey	-	Class Teaching	
24.01.2022	22	Dr. Neha Kaushik	III	Revision	
24.01.2022	60	Dr. Neha Kaushik	III	Revision	
27.01.2022	55	Miss Smita Dubey	I	Revision	
28.01.2022	56	Miss Smita Dubey	I	Revision	
29.01.2022	57	Miss Smita Dubey	I	Revision	
31.01.2022	23	Dr. Neha Kaushik	III	Revision	
31.01.2022	-	Dr. Neha Kaushik	-	Monthly Evaluation	