

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

कक्षा : बी.ए.भाग. तीन			पाठ्यक्रम योजना : सत्र २०२०-२०२१		विषय : गृह विज्ञान
दिनांक	व्याख्यान	प्राध्यापक का नाम	प्रश्नपत्र	अध्याय	शीर्षक
16.07.20	1	Kiran Singh	I	Syllabus	Introduction
17.07.20	2	Kiran Singh	I	Growth & Development	Meaning of Growth & Development
18.07.20	1	Dr. Apoorva Tripathi	II	Syllabus	Introduction
20.07.20	2	Pallavi Nayak	II	HSC Extension Education	Concept of Home Science
20.07.20	3	Kiran Singh	I	Growth & Development	Meaning of Growth & Development
21.07.20	3	Dr. Apoorva Tripathi	II	Extension Education	Role of extension education in Home Science
21.07.20	1	Kiran Singh	III	Components of Food	Carbohydrate
22.07.20				Class Teaching	
23.07.20	2	Kiran Singh	III	Components of Food	Carbohydrate
24.07.20	1	Kiran Singh	IV	Syllabus	Introduction
27.07.20	2	Kiran Singh	IV	House linen	Details
27.07.20	4	Kiran Singh	I	Growth & Development	Physical Growth
28.07.20	4	Dr. Apoorva Tripathi	II	HSC Extension Education	Meaning & Need
28.07.20	3	Kiran Singh	III	Components of Food	Fat
29.07.20	3	Kiran Singh	IV	Stitching	Fabric Selection
30.07.20				Monthly Evaluation	
31.07.20	5	Kiran Singh	I	Growth & Development	Physical Implication
04.08.20	6	Kiran Singh	I	Growth & Development	Physical implication in Boys & Girls
04.08.20	4	Kiran Singh	III	Components of Food	Protein
05.08.20	4	Kiran Singh	IV	Stitching	Thread Count
06.08.20	7	Kiran Singh	I	Social Development	Process of Socialization
07.08.20	5	Dr. Apoorva Tripathi	II	Audio Visual Aids	Role & Use
08.08.20				Class Teaching	
10.08.20	5	Kiran Singh	III	Components of Food	Vitamins
10.08.20	6	Kiran Singh	III	Components of Food	Vitamins
11.08.20	8	Kiran Singh	I	Social Development	Agent of Socialization
11.08.20	5	Kiran Singh	IV	Stitching	Shrinkage
13.08.20	6	Dr. Apoorva Tripathi	II	Audio Visual Aids	Types
14.08.20	7	Dr. Apoorva Tripathi	II	Audio Visual Aids	Types
17.08.20	7	Kiran Singh	III	Components of Food	Minerals

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17.08.20				Class Teaching	
18.08.20	9	Kiran Singh	I	Social Development	Agent of Sociolization
18.08.20	10	Kiran Singh	I	Socialization	Inter & Intra familiar factor
19.08.20	8	Kiran Singh	III	Planning Dites	Adequate Diet
20.08.20	11	Kiran Singh	I	Socialization	Peer & Gang Group
21.08.20	6	Dr. Apoorva Tripathi	IV	Stitching	Lables
22.08.20	9	Kiran Singh	III	Planning Dites	Principles
24.08.20				Monthly Evaluation	
24.08.20	12	Kiran Singh	I	Child Reading Practices	Types
25.08.20	13	Dr. Apoorva Tripathi	II	Audio Visual Aids	Importance
25.08.20	10	Kiran Singh	III	Planning diets	Availability , Quantity
26.08.20	8	Dr. Apoorva Tripathi	II	Community Development	Concept
27.08.20	7	Dr. Apoorva Tripathi	IV	Stitching	Reliable Brands
28.08.20	14	Kiran Singh	I	Child Reading Practices	Factors
01.09.20	15	Kiran Singh	I	Learning Stage	Stage
01.09.20	11	Kiran Singh	III	Planning Diet	Quality, Cleanliness
02.09.20				Class Teaching	
03.09.20	12	Kiran Singh	III	Planning Diet	Nutritive valuse, Food Habits
04.09.20	8	Dr. Apoorva Tripathi	IV	Embroidery	Embroidery
05.09.20	9	Dr. Apoorva Tripathi	II	Community Development	Rural Community
07.09.20	16	Kiran Singh	I	Learning	Creativity
07.09.20	10	Dr. Apoorva Tripathi	II	Community Development	Urban Community
08.09.20	17	Kiran Singh	I	Nursery School	Role
08.09.20	13	Kiran Singh	III	Planning Diet	Measures and Metric Measures
09.09.20				Class Teaching	
10.09.20	14	Kiran Singh	III	Infants	Breast Feeding and Bottle Feeding
11.09.20	9	Dr. Apoorva Tripathi	IV	Embroidery	Embroidery
12.09.20	11	Dr. Apoorva Tripathi	II	Educational institutes	Formal
14.09.20	18	Kiran Singh	I	Nursery School	Significance
14.09.20	19	Kiran Singh	I	Nursery School	Types

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15.09.20	12	Dr. Apoorva Tripathi	II	Educational institutes	Formal
15.09.20	15	Kiran Singh	III	Infants	Nutritution
16.09.20				Class Teaching	
18.09.20	16	Kiran Singh	III	Infants	Feeding Problem
19.09.20	10	Dr. Apoorva Tripathi	IV	Household Linen	Cushion Cover
21.09.20	20	Kiran Singh	I	Nuesery School	Methods of Education
21.09.20	21	Kiran Singh	I	Nuesery School	Methods of Education
22.09.20	13	Kiran Singh	II	Educational Institute	Non Formal
22.09.20	14	Dr. Apoorva Tripathi	II	Educational Institute	Non Formal
23.09.20	17	Kiran Singh	III	Infants	Supplymentary Foods
24.09.20				Monthly Evaluation	
25.09.20	15	Dr. Apoorva Tripathi	II	Educational Institute	Non Formal
26.09.20	22	Kiran Singh	I	Adolescence	Adjustments
28.09.20	23	Kiran Singh	I	Adolescence	Problems
29.09.20	16	Dr. Apoorva Tripathi	II	Educational Institute	Teaching & Learning Process
30.09.20	17	Dr. Apoorva Tripathi	II	Educational Institute	Teaching & Learning Process
01.10.20	18	Kiran Singh	III	Childrern Diet	Preschool
03.10.20	19	Kiran Singh	III	Childrern Diet	School Going
05.10.20	11	Dr. Apoorva Tripathi	IV	Household Linen	Pillow Cases
05.10.20				Class Teaching	
06.10.20	18	Dr. Apoorva Tripathi	II	Programme	Planning
06.10.20	20	Kiran Singh	III	Children Diet	School Tiffin
07.10.20	24	Kiran Singh	I	Adolescence	Problems
09.10.20	19	Dr. Apoorva Tripathi	II	Programme	Controlling
10.10.20	25	Kiran Singh	I	Adolescence	Physical Development
12.10.20	26	Kiran Singh	I	Adolescence	Physical Development
12.10.20	27	Kiran Singh	I	Adolescence	Meals Home, Problems
13.10.20				Class Teaching	
13.10.20	20	Dr. Apoorva Tripathi	II	Programme	Evaluation
14.10.20	21	Dr. Apoorva Tripathi	II	Programme	Factors

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15.10.20	28	Kiran Singh	I	Adolescence Problem & Adjustment	Physical Development
16.10.20	21	Kiran Singh	III	Adolescents meals	Public Places
17.10.20	29	Kiran Singh	I	Adolescence	Motor Development
19.10.20	22	Kiran Singh	III	Adolescents meals	College student diet
19.10.20	12	Dr. Apoorva Tripathi	IV	Household Linen	Tray covers
20.10.20				Monthly Evaluation	
21.10.20	13	Dr. Apoorva Tripathi	IV	Household Linen	Teacosy
22.10.20	30	Kiran Singh	I	Adolescence Problems & adjustment	Motor Development
23.10.20	31	Kiran Singh	I	Adolescence Problems & adjustment	Psychological Development
29.10.20	32	Kiran Singh	I	Adolescence Problems & adjustment	Psychological Development
31.10.20	23	Kiran Singh	III	Adults diet	Various Socio-economic group
02.11.20	24	Kiran Singh	III	Adults diet	Various Socio-economic group
02.11.20	25	Kiran Singh	III	Adults diet	Various Socio-economic group
03.11.20				Class Teaching	
03.11.20	22	Dr. Apoorva Tripathi	II	Programme	Equipment
04.11.20	26	Kiran Singh	III	Adults diet	During Pregnancy
05.11.20	27	Kiran Singh	III	Old Age	Food Habit
06.11.20	23	Dr. Apoorva Tripathi	II	Programme	National
07.11.20	24	Dr. Apoorva Tripathi	II	Programme	National
09.11.20	33	Kiran Singh	I	Adolescence Problems & adjustment	Emotional Development
09.11.20				Class Teaching	
10.11.20	34	Kiran Singh	I	Adolescence Problems & adjustment	Emotional Development
10.11.20	35	Kiran Singh	I	Adolescence Problems & adjustment	Emotional Development
17.11.20	28	Kiran Singh	III	Diet Therapy	Importance
17.11.20	29	Kiran Singh	III	Diet Therapy	Concept
18.11.20	14	Dr. Apoorva Tripathi	IV	Household Linen	Table Cloth
19.11.20	15	Dr. Apoorva Tripathi	IV	Household Linen	Napkin
21.11.20	25	Dr. Apoorva Tripathi	II	Programme	International
23.11.20				Monthly Evaluation	
23.11.20	26	Dr. Apoorva Tripathi	II	Programme	International

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24.11.20	27	Dr. Apoorva Tripathi	II	Programme	International
24.11.20	16	Dr. Apoorva Tripathi	IV	Household Linen	Napkin
26.11.20	17	Dr. Apoorva Tripathi	IV	Household Linen	Dinner Mats
27.11.20	16	Dr. Apoorva Tripathi	IV	Household Linen	Dinner Mats
28.11.20	30	Kiran Singh	III	Diet Therapy	Liquid Diet
01.11.20	31	Kiran Singh	III	Diet Therapy	Liquid Diet
01.12.20				Class Teaching	
02.12.20	32	Kiran Singh	III	Diet Therapy	Fever
03.12.20	28	Dr. Apoorva Tripathi	II	Schedule	Observation
07.12.20	29	Dr. Apoorva Tripathi	II	Schedule	Observation
07.12.20	30	Dr. Apoorva Tripathi	II	Schedule	Observation
08.12.20	36	Kiran Singh	I	Adolescence	Frustation
08.12.20	37	Kiran Singh	I	Adolescence	Frustation
09.12.20	38	Kiran Singh	I	Adolescence	Frustation
11.12.20	33	Kiran Singh	III	Diet Therapy	Diarrohea
12.12.20				Class Teaching	
14.12.20	34	Kiran Singh	III	Diet Therapy	Diarrohea
14.12.20	18	Dr. Apoorva Tripathi	IV	Fitting Problems	Individual
15.12.20	19	Dr. Apoorva Tripathi	IV	Fitting Problems	Individual
15.12.20	35	Kiran Singh	III	Diet Therapy	Constipation
16.12.20	36	Kiran Singh	III	Diet Therapy	Constipation
17.12.20	31	Dr. Apoorva Tripathi	II	Schedule	Interviews
18.12.20	32	Dr. Apoorva Tripathi	II	Schedule	Interviews
21.12.20				Class Teaching	
21.12.20	37	Kiran Singh	III	Diet Therapy	Peptic ulcer
22.12.20	38	Kiran Singh	III	Diet Therapy	Peptic ulcer
22.12.20	39	Pallavi Nayak	I	Adolescence	Conflicts
23.12.20	39	Kiran Singh	III	Diet Therapy	Hepatitis
24.12.20	33	Dr. Apoorva Tripathi	II	Schedule	Interview
26.12.20	34	Dr. Apoorva Tripathi	II	Schedule	Case Study

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28.12.20	40	Kiran Singh	III	Diet Therapy	Cardio Vascular
28.12.20				Monthly Evaluation	
29.12.20	41	Kiran Singh	III	Diet Therapy	Hyper Tention
29.12.20	20	Dr. Apoorva Tripathi	IV	Adolescence	Conflicts
30.12.20	21	Dr. Apoorva Tripathi	IV	Fitting Problems	Fitting Remedy
31.12.20	40	Kiran Singh	I	Marriage	Phiosophy & Need
01.01.21	41	Kiran Singh	I	Marriage	Selection of Partner
02.01.21	42	Kiran Singh	I	Adolescence	Conflicts
04.01.21	43	Kiran Singh	I	Adolescence	Conflicts
04.01.21				Class Teaching	
06.01.21	42	Kiran Singh	III	Diet Therapy	Diabetes mellitus
07.01.21	43	Kiran Singh	III	Diet Therapy	Diabetes mellitus
08.01.21	22	Dr. Apoorva Tripathi	IV	Traditional Textiles	U.P.
09.01.21	23	Dr. Apoorva Tripathi	IV	Traditional Textiles	Punjab
11.01.21	35	Dr. Apoorva Tripathi	II	Schedule	Questionnaire
11.01.21	36	Dr. Apoorva Tripathi	II	Schedule	Questionnaire
12.01.21	44	Kiran Singh	I	Marriage	Arrangements & self establishment
12.01.21				Class Teaching	
13.01.21	45	Kiran Singh	I	Marriage	Arrangements & self establishment
16.01.21	44	Kiran Singh	III	Diet Therapy	Under Nutrition
18.01.21	46	Kiran Singh	I	Marriage	Adjustment
18.01.21	45	Kiran Singh	III	Cooking	Snack & Baking Items
19.01.21	24	Dr. Apoorva Tripathi	IV	Traditional Textiles	Gujrat and West Bengal
19.01.21	37	Dr. Apoorva Tripathi	II	Schedule	Questionnaire
20.01.21	47	Kiran Singh	I	Children	Special Needs
21.01.21				Class Teaching	
22.01.21	48	Kiran Singh	I	Revision	Revision
23.01.21	49	Kiran Singh	I	Revision	Revision
25.01.21	38	Dr. Apoorva Tripathi	II	Revision	Revision
25.01.21	39	Dr. Apoorva Tripathi	II	Revision	Revision

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