

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

कक्षा : बी.ए.भाग.एक			पाठ्यक्रम योजना : सत्र २०२०-२०२१		विषय : गृह विज्ञान
दिनांक	व्याख्यान	प्राध्यापक का नाम	प्रश्नपत्र	अध्याय	शीर्षक
04.08.20	1	Sunidhi Gupta	I	Syllabus	Introduction
05.08.20	2	Sunidhi Gupta	I	Home management	Introduction
06.08.20	3	Sunidhi Gupta	I	Home management	Concept and motivation valuse
07.08.20	1	Kiran Singh	II	Syllabus	Introduction
08.08.20	2	Kiran Singh	II	Food & Nutritions	Introduction
10.08.20	-		-	Class Teaching	
11.08.20	3	Kiran Singh	II	Nutrients	Carbohydrates Compositions.
13.08.20	4	Sunidhi Gupta	I	Home management	Goals
14.08.20	5	Sunidhi Gupta	I	Home management	Standard
17.08.20	4	Kiran Singh	II	Carbohydrates	Sources, Functions
18.08.20	5	Kiran Singh	II	Carbohydrates	Requirements
19.08.20	-		-	Class Teaching	
20.08.20	6	Sunidhi Gupta	I	Principles of art	Principles
21.08.20	7	Sunidhi Gupta	I	Principles of art	Art & Home Decoration
22.08.20	6	Kiran Singh	II	Carbohydrates	Requirements
24.08.20	7	Kiran Singh	II	Protein	Composition
25.08.20	8	Kiran Singh	II	Protein	Sources, Functions
26.08.20	-		-	Monthly Evaluation	
27.08.20	9	Kiran Singh	II	Protein	Functions
28.08.20	8	Sunidhi Gupta	I	Flowers	Principles
01.09.20	9	Sunidhi Gupta	I	Flowers	Arrangements
02.09.20	10	Sunidhi Gupta	I	Flowers	Types of Arrangements
03.09.20	10	Kiran Singh	II	Protein	Functions
04.09.20	-		-	Class Teaching	
05.09.20	11	Kiran Singh	II	Protein	Requirements
07.09.20	12	Kiran Singh	II	Vitamins	Classification
08.09.20	13	Kiran Singh	II	Vitamins	Composition
09.09.20	11	Sunidhi Gupta	I	Design	Principle of design and Type
10.09.20	12	Sunidhi Gupta	I	Design	Structural design, Decorative design
11.09.20	-		-	Class Teaching	

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12.09.20	13	Sunidhi Gupta	I	Colour	Importance
14.09.20	14	Sunidhi Gupta	I	Colour	Application in home decoration
15.09.20	14	Kiran Singh	II	Vitamins	Types
16.09.20	15	Kiran Singh	II	Vitamins	Source, Function
18.09.20	15	Sunidhi Gupta	I	Room Arrangement	Bed Room
19.09.20	-		-	Class Teaching	
21.09.20	16	Sunidhi Gupta	I	Room Arrangement	Drying Room & Reception Room
22.09.20	17	Sunidhi Gupta	I	Room Arrangement	Dinning Room
23.09.20	16	Kiran Singh	II	Vitamins	Function
24.09.20	17	Kiran Singh	II	Vitamins	Rearrangement
25.09.20	18	Sunidhi Gupta	I	Room Arrangement	Varanda
26.09.20	-		-	Monthly Evaluation	
28.09.20	19	Sunidhi Gupta	I	Room Arrangement	Childrens Room
29.09.20	20	Sunidhi Gupta	I	Room Arrangement	Guest Room and Bath Room
30.09.20	18	Kiran Singh	II	Minerals	Types
01.10.20	19	Kiran Singh	II	Minerals	Composition
03.10.20	20	Kiran Singh	II	Minerals	Classification
05.10.20	-		-	Class Teaching	
06.10.20	21	Sunidhi Gupta	I	Home Planning	According to family income
07.10.20	22	Sunidhi Gupta	I	Home Planing	Types of kitchen
09.10.20	23	Sunidhi Gupta	I	Kitchen	Equipping
10.10.20	24	Sunidhi Gupta	I	Kitchen	Furnishing
12.10.20	25	Sunidhi Gupta	I	Kitchen	Money Saving
13.10.20	-		-	Class Teaching	
14.10.20	21	Kiran Singh	II	Minerals	Classification
15.10.20	22	Kiran Singh	II	Minerals	Classification
16.10.20	23	Kiran Singh	II	Minerals	Function
17.10.20	26	Sunidhi Gupta	I	Kitchen	Labour saving
19.10.20	27	Sunidhi Gupta	I	House hold income	Family income
20.10.20	-		-	Monthly Evaluation	

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21.10.20	28	Sunidhi Gupta	I	House hold Income	Source of income
22.10.20	29	Sunidhi Gupta	I	House hold Expenditure	Expenditure
23.10.20	24	Kiran Singh	II	Nutritions	Deficiency Disease
29.10.20	25	Kiran Singh	II	Nutritions	Deficiency Disease
31.10.20	30	Sunidhi Gupta	I	Expenditure	Family Expenditure
02.11.20	-		-	Class Teaching	
03.11.20	31	Sunidhi Gupta	I	Expenditure	Source of expenditure
04.11.20	26	Kiran Singh	II	Food Groups	Classification
05.11.20	27	Kiran Singh	II	Food Groups	Function of food
06.11.20	32	Sunidhi Gupta	I	Budget	Family Budget
07.11.20	33	Sunidhi Gupta	I	Budget	Items of Budget
09.11.20	-		-	Class Teaching	
10.11.20	34	Sunidhi Gupta	I	Budget	Planning of Budget
17.11.20	28	Kiran Singh	II	Balance Diet	Introduction
18.11.20	29	Kiran Singh	II	Balance Diet	Effective Factors
19.11.20	30	Kiran Singh	II	Special Diet	Introduction
21.11.20	31	Kiran Singh	II	Special Diet	Fever T.B.
23.11.20	-		-	Monthly Evaluation	
24.11.20	35	Sunidhi Gupta	I	Budget	Planning of Income Level
26.11.20	36	Sunidhi Gupta	I	Account	Introduction, Keeping
27.11.20	32	Kiran Singh	II	Special Diet	Constipation, Diarrheea
28.11.20	37	Sunidhi Gupta	I	Account	Need & Method
01.12.20	33	Kiran Singh	II	Cooking	Need & Method
02.12.20	-		-	Class Teaching	
03.12.20	34	Kiran Singh	II	Cooking	Effect on Nutritive Value
07.12.20	35	Kiran Singh	II	Cooking	Effect on Colour Appereance
08.12.20	38	Sunidhi Gupta	I	Saving	Post offce
09.12.20	39	Sunidhi Gupta	I	Saving	Co-operatice and Credit
11.12.20	36	Kiran Singh	II	Preservation	Need and Methods
12.12.20	-		-	Class Teaching	

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14.12.20	37	Kiran Singh	II	Adulteration	Adulteration food octand laws
15.12.20	38	Kiran Singh	II	Biochemistry	Food digestion
16.12.20	39	Kiran Singh	II	Elementry Ideas	Saliva, Gastric
17.12.20	40	Kiran Singh	II	Elementry Ideas	Gastric, Juice
18.12.20	41	Kiran Singh	II	Elementry Ideas	Bile and Enzymes
21.12.20	-			Class Teaching	
22.12.20	40	Sunidhi Gupta	I	Saving	National Saving Certificate
23.12.20	41	Sunidhi Gupta	I	Saving	National Saving Certificate
24.12.20	42	Kiran Singh	II	Bacteriology	Defination, Yeast mould
26.12.20	43	Kiran Singh	II	Bacteriology	Milk
28.12.20	42	Sunidhi Gupta	I	Saving	L.I.C.
29.12.20	-			Monthly Evaluation	
30.12.20	43	Sunidhi Gupta	I	Saving	National Saving
31.12.21	44	Kiran Singh	II	Bacteriology	Water
01.01.21	45	Kiran Singh	II	Bacteriology	Water
02.01.21	44	Sunidhi Gupta	I	Saving	National Saving
04.01.21	45	Sunidhi Gupta	I	Saving	National Saving Certificate
06.01.21	-			Class Teaching	
07.01.21	46	Sunidhi Gupta	I	Saving	National Saving Certificate
08.01.21	46	Kiran Singh	II	Bacteriology	Yeast
09.01.21	47	Kiran Singh	II	Bacteriology	Mould
11.01.21	48	Kiran Singh	II	Revision	Revision
12.01.21	49	Kiran Singh	II	Revision	Revision
13.01.21	-			Class Teaching	
16.01.21	50	Kiran Singh	II	Revision	Revision
18.01.21	47	Sunidhi Gupta	I	Saving	L.I.C.
19.01.21	51	Kiran Singh	II	Revision	Revision
20.01.21	52	Kiran Singh	II	Revision	Revision
21.01.21	48	Sunidhi Gupta	I	Revision	Revision
22.01.21				Class Teaching	

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