

महाराणा प्रताप पी.जी. कॉलेज, जंगल धूसड़, गोरखपुर

कक्षा : बी.ए. तृतीय सेमेस्टर			पाठ्यक्रम योजना : सत्र 2022-23		विषय : शारीरिक शिक्षा
दिनांक	व्याख्यान	प्रध्यापक का नाम	प्रश्नपत्र	अध्यापन	शीर्षक
19-08-2022	2	Dr. S.N. Shukla	PHED 202	Part- A	Draw a Labeled Diagram of any Two Body System
20-08-2022	4	Dr. S.N. Shukla	PHED 202	Part- A	Draw a Labeled Diagram of any Two Body System
26-08-2022	6	Dr. S.N. Shukla	PHED 202	Part- A	Prepare a Model of any One System of Body
27-08-2022	8	Dr. S.N. Shukla	PHED 202	Part- A	Prepare a Model of any One System of Body
02-09-2022	10	Dr. S.N. Shukla	PHED 202	Part- A	Learning of Measuring Height Weight, Waist Circumferemce and Hipcircumference and Waist Hip Ratio
03-09-2022	12	Dr. S.N. Shukla	PHED 202	Part- A	Learning of Measuring Height Weight, Waist Circumferemce and Hipcircumference and Waist Hip Ratio
10-09-2022	14	Dr. S.N. Shukla	PHED 202	Part- A	Learning of Measuring Height Weight, Waist Circumferemce and Hipcircumference and Waist Hip Ratio
16-09-2022	16	Dr. S.N. Shukla	PHED 202	Part- A	Learn to Measure Blood Using Sphygmomanometer
23-09-2022	18	Dr. S.N. Shukla	PHED 202	Part- A	Learn to Measure Blood Using Sphygmomanometer
24-09-2022	20	Dr. S.N. Shukla	PHED 202	First Aid Srehabilitation	Defination of First Aid
30-09-2022	22	Dr. S.N. Shukla	PHED 202	First Aid Srehabilitation	Drabc of First Aid
01-10-2022	24	Dr. S.N. Shukla	PHED 202	First Aid Srehabilitation	First Aid for Hemorrhage
07-10-2022	26	Dr. S.N. Shukla	PHED 202	First Aid Srehabilitation	First Aid for Fracture
08-10-2022	26	Dr. S.N. Shukla	PHED 202	First Aid Srehabilitation	First Aid for Sprain and Strain
14-10-2022	28	Dr. S.N. Shukla	PHED 202	First Aid Srehabilitation	First Aid for Sprain and Strain