

महाराणा प्रताप पी.जी. कॉलेज, जंगल धूसड़, गोरखपुर

कक्षा : बी.ए. प्रथम सेमेस्टर			पाठ्यक्रम योजना : सत्र 2022-23		विषय : शारीरिक शिक्षा
दिनांक	व्याख्यान	प्रध्यापक का नाम	प्रश्नपत्र	अध्यापन	शीर्षक
01-08-2022	1	Dr. S.N. Shukla	PHED 102	Introduction	
03-08-2022	2	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Patanjali Yoga Sutra
04-08-2022	3	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Ancient and Traditional Games in India
05-08-2022	4	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Ancient and Traditional Games in India
06-08-2022	5	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Ancient and Traditional Games in India
08-08-2022		Dr. S.N. Shukla	PHED 102	Class Teaching	
10-08-2022	6	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Meaning of Physical Education
11-08-2022	7	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Meaning of Physical Education
13-08-2022	8	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Defination of Physical Education
16-08-2022	9	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Concept of Physical Education
17-08-2022	10	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Concept of Physical Education
19-08-2022		Dr. S.N. Shukla	PHED 102	Class Teaching	
20-08-2022	11	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Aim and Objective of Physical Education
22-08-2022	12	Dr. S.N. Shukla	PHED 102	Ancient Wisdom in Physical Education, Sports & Yoga	Aim and Objective of Physical Education
23-08-2022	13	Dr. S.N. Shukla	PHED 102	History of Physical Education	History of Physical Education in India
24-08-2022	14	Dr. S.N. Shukla	PHED 102	History of Physical Education	History of Physical Education in India
25-08-2022	15	Dr. S.N. Shukla	PHED 102	History of Physical Education	Development of Physical Education in India
26-08-2022		Dr. S.N. Shukla	PHED 102	Monthly Evaluation	
27-08-2022	16	Dr. S.N. Shukla	PHED 102	History of Physical Education	History of Physical Education in Ancient Greeceand Rome

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31-08-2022	19	Dr. S.N. Shukla	PHED 102	Sociological Foundation of Sports	Definition of Sports Sociology
01-09-2022	20	Dr. S.N. Shukla	PHED 102	Sociological Foundation of Sports	Importance of Sports Sociology
02-09-2022		Dr. S.N. Shukla	PHED 102	Class Teaching	
03-09-2022	21	Dr. S.N. Shukla	PHED 102	Sociological Foundation of Sports	Culture & Sports
05-09-2022	22	Dr. S.N. Shukla	PHED 102	Sociological Foundation of Sports	Culture & Sports
06-09-2022	23	Dr. S.N. Shukla	PHED 102	Sociological Foundation of Sports	Socialization and Sports
07-09-2022	24	Dr. S.N. Shukla	PHED 102	Olympic Movement	Ancient Olympic Games
10-09-2022	25	Dr. S.N. Shukla	PHED 102	Olympic Movement	Modern Olympic Games
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