

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

कक्षा : बी.ए.भाग. तीन			पाठ्यक्रम योजना : सत्र २०१६-२०२०		विषय : गृह विज्ञान
दिनांक	व्याख्यान	प्राध्यापक का नाम	प्रश्नपत्र	अध्याय	शीर्षक
16.07.19	1	Pallavi Nayak	I	Syllabus	Introduction
16.07.19	2	Pallavi Nayak	I	Growth & Development	Meaning of Growth & Development
17.07.19	1	Pallavi Nayak	II	Syllabus	Introduction
18.07.19	2	Pallavi Nayak	II	HSC Extension Education	Concept of Home Science
19.07.19	3	Kiran Singh	I	Growth & Development	Meaning of Growth & Development
20.07.19	3	Pallavi Nayak	II	Extension Education	Role of extension education in Home Science
22.07.19				Class Teaching	
22.07.19	1	Kiran Singh	III	Components of Food	Carbohydrate
23.07.19	2	Kiran Singh	III	Components of Food	Carbohydrate
23.07.19	1	Kiran Singh	IV	Syllabus	Introduction
24.07.19	2	Kiran Singh	IV	House linen	Details
25.07.19	4	Pallavi Nayak	I	Growth & Development	Physical Growth
26.07.19	4	Pallavi Nayak	II	HSC Extension Education	Meaning & Need
27.07.19	3	Kiran Singh	III	Components of Food	Fat
29.07.19				Class Teaching	
29.07.19	3	Kiran Singh	IV	Stitching	Fabric Selection
30.07.19	5	Pallavi Nayak	I	Growth & Development	Physical Implication
30.07.19	6	Pallavi Nayak	I	Growth & Development	Physical implication in Boys & Girls
31.07.19	4	Kiran Singh	III	Components of Food	Protein
01.08.19	4	Kiran Singh	IV	Stitching	Thread Count
02.08.19	7	Pallavi Nayak	I	Social Development	Process of Socialization
03.08.19	5	Pallavi Nayak	II	Audio Visual Aids	Role & Use
06.08.19				Class Teaching	
06.08.19	5	Kiran Singh	III	Components of Food	Vitamins
07.08.19	6	Kiran Singh	III	Components of Food	Vitamins
08.08.19	8	Pallavi Nayak	I	Social Development	Agent of Socialization
09.08.19	5	Kiran Singh	IV	Stitching	Shrinkage
10.08.19	6	Pallavi Nayak	II	Audio Visual Aids	Types
13.08.19	7	Pallavi Nayak	II	Audio Visual Aids	Types
13.08.19	7	Kiran Singh	III	Components of Food	Minerals

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14.08.19				Class Teaching	
16.08.19	9	Pallavi Nayak	I	Social Development	Agent of Sociolization
17.08.19	10	Pallavi Nayak	I	Socialization	Inter & Intra familiar factor
19.08.19	8	Kiran Singh	III	Planning Dites	Adequate Diet
19.08.19	11		I	Socialization	Peer & Gang Group
20.08.19	6	Kiran Singh	IV	Stitching	Lables
20.08.19	9	Kiran Singh	III	Planning Dites	Principles
21.08.19	12	Pallavi Nayak	I	Child Reading Practices	Types
22.08.19				Class Teaching	
24.08.19	13	Pallavi Nayak	I	Audio Visual Aids	Importance
26.08.19	10	Pallavi Nayak	III	Planning diets	Availability , Quantity
26.08.19	8	Pallavi Nayak	II	Community Development	Concept
27.08.19	7	Kiran Singh	IV	Stitching	Reliable Brands
27.08.19	14	Pallavi Nayak	I	Child Reading Practices	Factors
28.08.19	15	Pallavi Nayak	I	Learning Stage	Stage
29.08.19	11	Kiran Singh	III	Planning Diet	Quality, Cleanliness
30.08.19				Monthly Evaluation	
02.09.19	12	Kiran Singh	III	Planning Diet	Nutritive valuse, Food Habits
02.09.19	8	Kiran Singh	IV	Embroidery	Embroidery
03.09.19	9	Pallavi Nayak	II	Community Development	Rural Community
03.09.19	16	Pallavi Nayak	I	Learning	Creativity
04.09.19	10	Pallavi Nayak	II	Community Development	Urban Community
05.09.19	17	Pallavi Nayak	I	Nursery School	Role
06.09.19	13	Kiran Singh	III	Planning Diet	Measures and Metric Measures
07.09.19				Class Teaching	
09.09.19	14	Kiran Singh	III	Infants	Breast Feeding and Bottle Feeding
09.09.19	9	Kiran Singh	IV	Embroidery	Embroidery
11.09.19	11	Pallavi Nayak	II	Educational institutes	Formal
13.09.19	18	Pallavi Nayak	I	Nursery School	Significance
14.09.19	19	Pallavi Nayak	I	Nursery School	Types

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16.09.19	12	Pallavi Nayak	II	Educational institutes	Formal
16.09.19	15	Kiran Singh	III	Infants	Nutritution
17.09.19				Class Teaching	
17.09.19	16	Kiran Singh	III	Infants	Feeding Problem
19.09.19	10	Kiran Singh	IV	Household Linen	Cushion Cover
20.09.19	20	Pallavi Nayak	I	Nuesery School	Methods of Education
21.09.19	21	Pallavi Nayak	I	Nuesery School	Methods of Education
23.09.19	13	Pallavi Nayak	II	Educational Institute	Non Formal
23.09.19	14	Pallavi Nayak	II	Educational Institute	Non Formal
24.09.19	17	Kiran Singh	III	Infants	Supplymentary Foods
24.09.19	15	Pallavi Nayak	II	Educational Institute	Non Formal
25.09.19				Monthly Evaluation	
26.09.19	22	Pallavi Nayak	I	Adolescence	Adjustments
27.09.19	23	Pallavi Nayak	I	Adolescence	Problems
30.09.19	16	Pallavi Nayak	II	Educational Institute	Teaching & Learning Process
30.09.19	17	Pallavi Nayak	II	Educational Institute	Teaching & Learning Process
01.10.19	18	Kiran Singh	III	Childrern Diet	Preschool
01.10.19	19	Kiran Singh	III	Childrern Diet	School Going
03.10.19	11	Kiran Singh	IV	Household Linen	Pillow Cases
04.10.19				Class Teaching	
05.10.19	18	Pallavi Nayak	II	Programme	Planning
12.10.19	20	Kiran Singh	III	Children Diet	School Tiffin
14.10.19	24	Pallavi Nayak	I	Adolescence	Problems
14.10.19	19	Pallavi Nayak	II	Programme	Controlling
15.10.19	25	Pallavi Nayak	I	Adolescence	Physical Development
15.10.19	26	Pallavi Nayak	I	Adolescence	Physical Development
16.10.19	27	Pallavi Nayak	I	Adolescence	Meals Home, Problems
17.10.19				Class Teaching	
18.10.19	20	Pallavi Nayak	II	Programme	Evaluation
21.10.19	21	Pallavi Nayak	II	Programme	Factors

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21.10.19	28	Pallavi Nayak	I	Adolescence Problem & Adjustment	Physical Development
22.10.19	21	Kiran Singh	III	Adolescents meals	Public Places
22.10.19	29	Kiran Singh	I	Adolescence	Motor Development
23.10.19	22	Kiran Singh	III	Adolescents meals	College student diet
30.10.19	12	Kiran Singh	IV	Household Linen	Tray covers
31.10.19				Monthly Evaluation	
01.11.19	13	Kiran Singh	IV	Household Linen	Teacosy
04.11.19	30	Pallavi Nayak	I	Adolescence Problems & adjustment	MotorDevelopment
04.11.19	31	Pallavi Nayak	I	Adolescence Problems & adjustment	Psychological Development
05.11.19	32	Pallavi Nayak	I	Adolescence Problems & adjustment	Psychological Development
05.11.19	23	Kiran Singh	III	Adults diet	Various Socio-economic group
06.11.19	24	Kiran Singh	III	Adults diet	Various Socio-economic group
07.11.19	25	Kiran Singh	III	Adults diet	Various Socio-economic group
09.11.19				Class Teaching	
11.11.19	22	Pallavi Nayak	II	Programme	Equipment
11.11.19	26	Kiran Singh	III	Adults diet	During Pregnancy
13.11.19	27	Kiran Singh	III	Old Age	Food Habit
14.11.19	23	Pallavi Nayak	II	Programme	National
15.11.19	24	Pallavi Nayak	II	Programme	National
16.11.19	33	Pallavi Nayak	I	Adolescence Problems & adjustment	Emotional Development
18.11.19				Class Teaching	
18.11.19	34	Pallavi Nayak	I	Adolescence Problems & adjustment	Emotional Development
19.11.19	35	Pallavi Nayak	I	Adolescence Problems & adjustment	Emotional Development
19.11.19	28	Kiran Singh	III	Diet Therapy	Importance
20.11.19	29	Kiran Singh	III	Diet Therapy	Concept
21.11.19	14	Kiran Singh	IV	Household Linen	Table Cloth
22.11.19	15	Kiran Singh	IV	Household Linen	Napkin
23.11.19	25	Pallavi Nayak	II	Programme	International
25.11.19				Monthly Evaluation	
25.11.19	26	Pallavi Nayak	II	Programme	International

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26.11.19	27	Pallavi Nayak	II	Programme	International
26.11.19	16	Kiran Singh	IV	Household Linen	Napkin
27.11.19	17	Kiran Singh	IV	Household Linen	Dinner Mats
28.11.19	16	Kiran Singh	IV	Household Linen	Dinner Mats
29.11.19	30	Kiran Singh	III	Diet Therapy	Liquid Diet
30.11.19	31	Kiran Singh	III	Diet Therapy	Liquid Diet
02.12.19				Class Teaching	
02.12.19	32	Kiran Singh	III	Diet Therapy	Fever
03.12.19	28	Pallavi Nayak	II	Schedule	Observation
03.12.19	29	Pallavi Nayak	II	Schedule	Observation
07.12.19	30	Pallavi Nayak	II	Schedule	Observation
09.12.19	36	Pallavi Nayak	I	Adolescence	Frustration
09.12.19	37	Pallavi Nayak	I	Adolescence	Frustration
11.12.19	38	Pallavi Nayak	I	Adolescence	Frustration
12.12.19	33	Kiran Singh	III	Diet Therapy	Diarrohea
13.12.19				Class Teaching	
14.12.19	34	Kiran Singh	III	Diet Therapy	Diarrohea
16.12.19	18	Kiran Singh	IV	Fitting Problems	Individual
16.12.19	19	Kiran Singh	IV	Fitting Problems	Individual
17.12.19	35	Kiran Singh	III	Diet Therapy	Constipation
17.12.19	36	Kiran Singh	III	Diet Therapy	Constipation
18.12.19	31	Pallavi Nayak	II	Schedule	Interviews
19.12.19	32	Pallavi Nayak	II	Schedule	Interviews
20.12.19				Class Teaching	
21.12.19	37	Kiran Singh	III	Diet Therapy	Peptic ulcer
23.12.19	38	Kiran Singh	III	Diet Therapy	Peptic ulcer
23.12.19	39	Pallavi Nayak	I	Adolescence	Conflicts
24.12.19	39	Kiran Singh	III	Diet Therapy	Hepatitis
24.12.19	33	Pallavi Nayak	II	Schedule	Interview
26.12.19	34	Pallavi Nayak	II	Schedule	Case Study

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27.12.19	40	Kiran Singh	III	Diet Therapy	Cardio Vascular
28.12.19				Monthly Evaluation	
30.12.19	41	Kiran Singh	III	Diet Therapy	Hyper Tention
30.12.19	20	Kiran Singh	IV	Adolescence	Conflicts
31.12.19	21	Kiran Singh	IV	Fitting Problems	Fitting Remedy
31.01.19	40	Pallavi Nayak	I	Marriage	Phiosophy & Need
01.01.20	41	Pallavi Nayak	I	Marriage	Selection of Partner
02.01.20	42	Pallavi Nayak	I	Adolescence	Conflicts
03.01.20	43	Pallavi Nayak	I	Adolescence	Conflicts
04.01.20				Class Teaching	
06.01.20	42	Kiran Singh	III	Diet Therapy	Diabetes mellitus
06.01.20	43	Kiran Singh	III	Diet Therapy	Diabetes mellitus
07.01.20	22	Kiran Singh	IV	Traditional Textiles	U.P.
07.01.20	23	Kiran Singh	IV	Traditional Textiles	Punjab
08.01.20	35	Pallavi Nayak	II	Schedule	Questionnaire
09.01.20	36	Pallavi Nayak	II	Schedule	Questionnaire
10.01.20	44	Pallavi Nayak	I	Marriage	Arrangements & self establishment
11.01.20				Class Teaching	
13.01.20	45	Pallavi Nayak	I	Marriage	Arrangements & self establishment
13.01.20	44	Kiran Singh	III	Diet Therapy	Under Nutrition
16.01.20	46	Pallavi Nayak	I	Marriage	Adjustment
17.01.20	45	Kiran Singh	III	Cooking	Snack & Baking Items
18.01.20	24	Kiran Singh	IV	Traditional Textiles	Gujrat and West Bengal
20.01.20	37	Pallavi Nayak	II	Schedule	Questionnaire
20.01.20	47	Pallavi Nayak	I	Children	Special Needs
22.01.20				Class Teaching	
23.01.20	48	Pallavi Nayak	I	Revision	Revision
24.01.20	49	Pallavi Nayak	I	Revision	Revision
25.01.20	38	Pallavi Nayak	II	Revision	Revision
27.01.20	39	Pallavi Nayak	II	Revision	Revision

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