

# CURRICULUM VITAE



Dr. Pragyesh Kumar Mishra

H. N. - C/102/859

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## OBJECTIVE:

To utilize my knowledge skills towards the growth of the Organization

## Academic Qualification:

Degree	Institute	Year	CGPA / Percentage
Ph.D. ("A Study On The Development Of Memory Strategies")	D.D.U. Gorakhpur University, Gorakhpur	Jan 16 <sup>th</sup> 2015	Awarded
Diploma in HIV and Family Education (DAFE)	IGNOU	2009	3.86 (out of 5)
M.A. (Psychology)	D.D.U. Gorakhpur University, Gorakhpur	2005	63.00 %
B.A.	D.D.U. Gorakhpur University, Gorakhpur	2003	63.67%
XII (U.P. Board)	Shaheed Inter College, Madhuban, Mau	2000	58.20%
X (U.P. Board)	Tarun Inter College, Madhuban, Mau	1998	56.67 %

## Work Experience: 13 years

- Worked as Psychological Counselor at SMC, 17 Wing, IAF Station, Gorakhpur. (Feb 24<sup>th</sup> 2007 to April 30<sup>th</sup> 2015).

- Working as Assistant Professor, Department of Psychology, Maharana Pratap P. G. College Jungle Dhusan, Gorakhpur (Affiliated to Deen Dayal Upadhyay Gorakhpur University, Gorakhpur) since July, 2015 to till date.

### **Positions of Responsibility:**

- Official in Annual Athletic Meet, University of Gorakhpur (2008-2014)
- Cultural Minister in Psychological Council, Dept. of Psychology, University of Gorakhpur (Session 2004-05).
- In-charge, Department of Psychology, Maharana Pratap P.G. College, Jungle Dhusan, Gorakhpur since July 2015.
- In-charge, Information and Counseling Department, Maharana Pratap P.G. College, Jungle Dhusan, Gorakhpur since July 2015.
- Member, Disciplinary Committee, Maharana Pratap P. G. College Jungle Dhusan, Gorakhpur (Session 2016-17 & 2019-20).
- Member, Administrative committee, Maharana Pratap P. G. College Jungle Dhusan, Gorakhpur (Session 2017-18).
- Member, Sports committee, Maharana Pratap P. G. College Jungle Dhusan, Gorakhpur (Session 2016-17 to 2018-19).
- In-charge, Sports committee, Maharana Pratap P. G. College Jungle Dhusan, Gorakhpur (Session 2019-20).
- Assistant centre superintendent of University Examination, 2020 (Center: Maharana Pratap P. G. College Jungle Dhusan, Gorakhpur, 720)
- Co-editor, “VIMARSH: AN INTERDISCIPLINARY JOURNAL”, The Journal of Maharana Pratap Postgraduate College, Jungle dhusan, Gorakhpur.

### **Academic Projects: 03**

- DAFE Project on “People’s attitude towards HIV/AIDS victims: A comparative study”
- Project on “A psycho-linguistic study on spatial relationship in Hindi spoken monolingual children” (M.A. Dissertation)

- Project on “A study on the Development of Memory Strategies” (Ph.D. Thesis)

## **Academic Achievements:**

### **Awards: 01**

- **Saarswati Samman for Best Teacher** for the session 2017-18 By Maharana Pratap P.G. College, Jungle Dhusan, Gorakhpur (25<sup>th</sup> February 2018).

### **Publications: 07**

- Paper Published entitled “Dr Ambedkar Ke Vichar avam Karyon ki Parinati” in the book of “Ambedkar Ek Addhyayan” ISBN 978-93-81797-64-4.
- Paper Published entitled “Bhartiya Rajneetiavam Kshetriyata” in the book “Samkaleen Bharteey Rajneeti Ke Mudde: Samsya avam Samadhan” ISBN 978-93-81797-12-9.
- Paper Published entitled “A Study on The Development of memory Performance” in the journal of “MANAVIKI: An Interdisciplinary journal of Humanities & Social Sciences” ISSN 0976-0830. Issue April & October, 2014.
- Paper Published entitled “A Study on Memory Strategies as a function of Age and Schooling” in the journal of “NEW HORIZON: A Journal of Humanities and Social Sciences” ISSN 2349-2538. Issue January, 2015.
- Paper Published entitled “Manovaigyanik Sampradayon Ka Vighatan: Ek Vivechanatmak Addhyayan” in the journal of “VIMARSH” ISSN 0976-0849. Issue September, 2016.
- Paper Published entitled “A Review of Cross-culture Studies on Memory Performance” in the journal of “MANAVIKI: An Interdisciplinary journal of Humanities & Social Sciences” ISSN 0976-0830. Issue April & October, 2016.

- Paper Published entitled “Learning Strategies: Literature Review” in the journal of “VIMARSH: AN INTERDISCIPLINARY JOURNAL” ISSN 0976-0849. Issue September, 2017.

### **Attended Workshops: 15**

- UGC Sponsored Workshop on “Information Security and Computer Application” held on 18-20 November, 2010 organized by Academic Staff College, D.D.U. Gorakhpur University, Gorakhpur.
- UGC National Workshop on “Encephalitis Survivors: Issues, Challenges and Psychological Interventions” held on 22-23 February, 2014, organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
- Information and Library Network Centre (An Autonomous Inter-University Centre of UGC) Sponsored “One Day User Awareness Workshop on N-LIST” held on 10<sup>th</sup> July, 2015, organized by MPPG College Library in Collaboration with the INFLIBNET.
- Maharana Pratap Shiksha Parishad Sponsored 7 day’s workshop on “Shikshakavam Shiksha Sansthaon Ka Unnayan” held on 15-21 June, 2016, organized by Shree Gorakshanath Mandir, Gorakhpur.
- Attended 7 days workshop on “Annual Report and Experience Based Improvement” held on 5-11 March, 2017, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Maharana Pratap Shiksha Parishad Sponsored 7 days workshop on “Saptahik Yog Shivir Avam Shaikshik Karyashala” held on 15-21 June, 2017, organized by Shree Gorakshanath Mandir, Gorakhpur.
- Attended 3days workshop on “Mahavidyalayee Varshik Karyayojana” held on 3-5 July, 2017, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended 2 days National workshop on “Swatantra Bharat Me Hindi Ki VikasYatra” held on 3-4 February, 2018, jointly organized by Uttar Pradesh Hindi Sansthan, Lucknow & Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.

- Attended 3 days workshop on “Mahavidyalayee Varshik Karyayojana 2018-19” held on 4-6 July, 2018, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended 1 day workshop on “Shaikshik Unnayan” held on 11<sup>th</sup> August, 2018, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended 1 day workshop on “Shiksha-Star ka Unnayan: Shikshakon Ki Sakriya Sahbhagita” held on 21<sup>th</sup> August, 2018, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended 1 day workshop on “Varshik Yojna Kriyanvayan: Traimasik Samiksha” held on 2<sup>nd</sup> October, 2018, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended 1 day workshop on “Academic Audit Report: Samiksha Avam Sudhar” held on 13<sup>th</sup> November, 2018, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended 7 days workshop on “Mahavidyalayee Varshik Karyayojana 2019-20” held on 1-8 July, 2019, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended one day workshop on “Rashtriya Shikshaneeti- 2019 (Shikshak Shiksha avam Shiksha Aayog ke Vishesh Sandarbh me)” held on 20<sup>th</sup> August, 2019, organized by Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.

### **Seminars: 19**

- Paper presented entitled “Indian Polity and Regionalism” in UGC Sponsored National seminar on “Contemporary Indian Political Issue: Problems and Solution” held on 28-29 February, 2012, organized by

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Department of Political Science, Shree Bhagwan Mahaveer PG College, Pawanagar, Fazilnagar, Kushinagar.

- Paper presented entitled “Role of Schooling in the Development of memory in Children” in UGC Sponsored National Seminar on “Making Psychology Relevant to Society & Prof. L.B. Tripathi Memorial Lecture” held on 5<sup>th</sup> October, 2013, organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
- Paper presented entitled “Empathy and Intergroup Behavior: A Review” in UGC Sponsored National Seminar on “Intergroup Relations in Contemporary Indian Society: Multidisciplinary Perspective” held on 25-26 March, 2014, organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
- Paper presented entitled “ Psychological perspective on Gender equality” in UGC Sponsored National Seminar on “Justice System and justice Role of Women in Society: Psycho- Social Impact & Consequences” held on 27-28 February, 2015, organized by Department of Psychology, Sant Vinoba Post Graduate College, Deoria.
- Paper presented entitled “The Role of Language in Intelligence” in UGC Sponsored National Seminar on “Social Justice and Language & Prof. L.B. Tripathi Memorial Lecture” held on 15<sup>th</sup> September, 2015, organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
- Paper presented entitled “ The Effects of Stress on Health” in UGC Sponsored National Seminar on “Stress Management: Strategies and Future Challanges” held on 18-19 September, 2015, organized by Department of Psychology, Hiralal Ramniwas Post Graduate College, Khalilabad, Santkabir Nagar.
- Attended two days Seminar on “Nathpanth, Sadhanaavam Darshan” held on 2-3 July, 2016, organized by Shree Gorakshanath Mandir, Gorakhpur.
- Attended one day Seminar on “Educational Administration and Quality : Some new approach” held on 28<sup>th</sup> August, 2016, organized

by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.

- Paper presented entitled “The Influence of Cultural Context on the Development of Memory Performance” in National Seminar on “Culture and Human Behaviour and Professor L.B. Tripathi Memorial Lecture” held on 15-16 September, 2016, organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
- Paper presented entitled “The Role of Psychology in Quality Management of Higher Education” in NAAC sponsored National Seminar on “Quality Management in Higher Educational Institutions” held on 20-21 October, 2016, organized by Internal Quality Assurance Cell, Digvijay Nath PG College, Gorakhpur.
- Attended one day Seminar on “Academic Excellence and Educational Quality” held on 27<sup>th</sup> October, 2016, organized by Internal Quality Assurance Cell (IQAC), Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Attended one day National Seminar on “Anomalies in the Syllabus of Indian History and Solution” held on 16<sup>th</sup> September, 2017, jointly organized by Bharatiya Itihas Sankalan Samiti, Goraksha Prant, Gorakhpur; Department of Ancient History, Archeology and Culture & Department of History, D.D.U. Gorakhpur University, Gorakhpur
- Paper presented entitled “A Study on the Development of Memory Strategies in Children” in UGC Sponsored National Seminar on “Human development: Research Trends, Applications & Possibilities” held on 23-24 March, 2018, organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
- Paper presented entitled “The Role of yoga in Stress management” in UPHED Sponsored National Seminar on “Advances in Health and Well-being Research” held on 25-26 March, 2018, organized by Department of Psychology, Digvijay Nath Post Graduate College, Gorakhpur.
- Paper presented entitled “Stress and Women’s Health” in UGC Sponsored National Seminar on “Women Studies: Prospects &

Challeges” held on 12-13 April, 2018, organized by Women Study Center, H.R.P.G. College, Khaleelabad, Santkabeer Nagar.

- Attended Uttar Pradesh Bhasha Sansthan, Lucknow Sponsored National Seminar on “Lokbhasha Samvardhan me Nathpanth Ka yogdan” held on 22-23 October, 2018, organized by Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Paper presented entitled “Current Trends in psychology” in 2 Days National Seminar on “Emerging Trends in Science” held on 1-2 February, 2019, organized by Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Paper presented entitled “Impact of age and schooling on the development of memory strategies” in National Seminar on “Life span human developement : Emerging issues and challenges” held on 15-16 September, 2019, organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
- Attended Indian Council of Social Science Research Sponsored National Seminar on “World Energy Scenario & Indian-Subcontinent: Challenges and Opportunities” held 05-06 October, 2019, organized by Department of Geography, Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.

### **Conference: 01**

- Attended National Conference on “ Ramya ramayani katha” held on 12-13 August, 2017, jointly Organized by Department of History, D.D.U. Gorakhpur University, Gorakhpur; Bharatiya Itihas Sankalan Samiti, Goraksha Prant, Gorakhpur & Bhartiya Puran Adhyayan Sansthan, New Delhi.

### **Training Programs: 02**

- Attended three days Training Program on “ Training and Designing a Project Proposal” held on 10-13 May, 2010, organized by National Institute of Public Cooperation and Child Development (NIPCCID), Lucknow.



- Attended Government community fruit preservation and training center, Gorakhpur (Department of Horticulture and Food Processing, Government of Uttar Pradesh) sponsored fifteen day's short term Training Program on "Food and Fruit Preservation" held on 14-28 October, 2016, organized by Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.

### **Lectures: 04**

- Delivered a lecture on the Topic "Personality: Concept and Structure" held on 16<sup>th</sup> August, 2016 at Faculty of Commerce, Maharana Pratap P.G. College, Jungle Dhusan, Gorakhpur.
- Delivered a lecture on the Topic "The role of Cartoon in improving Memory" held at the Science Comics Workshop on 3-7 February, 2017, Jointly Organized by National Council for Science & Technology Communications, Department of Science and Technology (ISCOS), Indian Science Communication Society (ISCOS) and Maharana Pratap PG College, Jungle Dhusan, Gorakhpur.
- Delivered a lecture on the Topic "Theories of Learning" held on 06<sup>th</sup> August, 2019 at Department of B.Ed., Maharana Pratap P.G. College, Jungle Dhusan, Gorakhpur.
- Delivered a lecture on the Topic "Importance of Inferential Statistics in social sciences" held on 21<sup>th</sup> January, 2020 at Department of Economics, Maharana Pratap P.G. College, Jungle Dhusan, Gorakhpur.

### **Convener: 11**

- Convener at Workshop on the Topic "The Role of Language in Human Life", organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhusan, Gorakhpur held on 11<sup>th</sup> September, 2015.
- Convener at Special Lecture on the Topic "Psychology in Geeta", organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhusan, Gorakhpur held on 8<sup>th</sup> October, 2016.
- Convener at Special Lecture on the Topic "Organizational Commitment", organized by Department of Psychology, Maharana

Pratap PG College, Jungle Dhushan, Gorakhpur held on 13<sup>th</sup> January, 2017.

- Convener at Lecture Competition, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 9<sup>th</sup> January, 2017.
- Convener at Workshop on the Topic “Vyaktitva ki Darshanik Avadharana”, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 18<sup>th</sup> December, 2017.
- Convener at Special Lecture on the Topic “Importance of Time Management for Youth”, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 9<sup>th</sup> January, 2018.
- Convener at Lecture Competition, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 9<sup>th</sup> January, 2018.
- Convener at Special Lecture on the Topic “Importance of Psychology in Human life”, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 13<sup>th</sup> September, 2018.
- Convener at Special Lecture on the Topic “Youth’s Lifestyle and its Impact on Creativity”, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 18<sup>th</sup> January, 2019.
- Convener at one day Workshop on the Topic “Culture and Behaviour”, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 04<sup>th</sup> November, 2019.
- Convener at one day Workshop on the Topic “Stress and personality”, organized by Department of Psychology, Maharana Pratap PG College, Jungle Dhushan, Gorakhpur held on 30<sup>th</sup> December, 2019.

## Examination Duties Performed:

Nature of Duties	Pre University Exam	University Examination		Year
		Theory	Practical	
Invigilator	✓	✓	✗	Since 2015-16
Assistant Centre Superintendent	.....	✓		Session 2019-20
Paper setting	✓	.....	✗	Since 2015-16
Evaluation of Answer Book	✓	✓	✓	Since 2018-19
Internal Examiner	.....	.....	✓	Since 2018-19
External Examiner	.....	.....	✓	Since 2018-19

## Participation in Institutional social responsibility:

- Social contribution in adopted village ‘Chhoti Jamunahiya’: Four one day camp per session undertaking along with students (Student participation in survey and awareness rally such as Environment, Health, Education, Quality of life etc.)

## Teaching Methodology: 16

- Teaching by pre declared date wise teaching plan
- Summary provided on blackboard
- Lecture and blackboard method
- Power point presentation
- Lecture with demonstration of model
- Group discussion
- Conducting remedial classes
- Viva-Voce

## Extracurricular Method:

- Lecture competition
- Guest lecture
- Workshop
- Field study

- Counseling skill training
- Class teaching by students once a week
- Monthly evaluation
- Students participation in institutional social work

### Computer skills:

- Microsoft Office
- Statistical Program Like SPSS

### Personal Profile:

Name	Dr. Pragyesh Kumar Mishra
Date of Birth	September 30 <sup>th</sup> 1984
Father's Name	Mr. RaveendraNath Mishra
Mother's Name	Smt. Vandana Mishra
Sex	Male
Marital Status	Single
Nationality	Indian
Permanent Address	Village & Post- SipahIbrahimabad Via- Madhuban, Dis- Mau (Uttar Pradesh) Pin- 221603

**Declaration:** I solemnly confirm and declare that the above mentioned details are true to the best of my knowledge.

Date: 18/03/2019  
Place: Gorakhpur

प्रदेश कुमार मिश्रा

[Dr Pragyesh Kumar Mishra]